

CHC Novice Championship Title Stream

NHDC 75 points	NPDC 75 points	NTDC 75 points
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Novice Hooper Excellence NHDC + 10 Q's 30 points = 1 Q	Novice Parkour Excellence NPDC + 10 Q's 30 points = 1 Q	Novice Tungo Excellence NTDC + 10 Q's 30 points = 1 Q
Q's must be earned in 10 point or higher runs (5-point runs will not be counted)		

CHC Novice Championship

(requires 3 Excellence Titles)

NHEC + NPEC + NTEC

CHC Intermediate Championship Title Stream

IHDC 100 points	IPDC 100 points	ITDC 100 points
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CHC Intermediate Hooper Excellence IHDC + 10 Q's 30 points = 1 Q	CHC Intermediate Parkour Excellence IPDC + 10 Q's 30 points = 1 Q	CHC Intermediate Tungo Excellence ITDC + 10 Q's 30 points = 1 Q
Q's must be earned in 10 point or higher runs (5-point runs will not be counted)		

CHC Intermediate Championship

(requires 3 Excellence Titles)

IHEC + IPEC + ITEC

CHC Advanced Championship Title Stream

AHDC 120 points	APDC 120 points	ATDC 120 points
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CHC Advanced Hooper Excellence AHDC + 10 Q's 30 points = 1 Q	CHC Advanced Parkour Excellence APDC + 10 Q's 30 points = 1 Q	CHC Advanced Tungo Excellence ATDC + 10 Q's 30 points = 1 Q
Q's must be earned in 10 point or higher runs (5-point runs will not be counted)		

CHC Advanced Championship

(requires 3 Excellence Titles)

AHEC + APEC + ATEC